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AdvancedPhysicalMedicinePC.com

Dear Patient:

We would like to welcome you to our practice. Enclosed you will find registration and signature forms to be completed. Please take a moment to complete these forms <u>PRIOR</u> to your appointment.

On the date of your appointment please be sure to bring the following with you:

- Completed registration forms
- ❖ Health insurance cards (including primary, secondary, etc.)
- Photo I.D. (driver's license or state I.D.)
- * Reports from diagnostic studies (MRI, EMG, x-rays, bone scans, etc.)
- Complete list of medications including dose and frequency
- ❖ Any copay or deductible as per your insurance

PLEASE READ CAREFULLY

IT IS YOUR RESPONSIBILITY TO FULLY UNDERSTAND YOUR INSURANCE BENEFITS. YOU ARE RESPONSIBLE FOR ALL CHARGES NOT PAID FOR BY YOUR INSURANCE COMPANY. ALL COPAY AND/OR DEDUCTIBLE AMOUNTS MUST BE PAID AT THE TIME OF SERVICE. IF YOU DO NOT HAVE INSURANCE ALL CHARGES MUST BE PAID AT THE TIME OF SERVICE.

<u>HMO Insurances</u> - If you have a HMO insurance that requires a referral your referral must be obtained prior to your appointment, otherwise we will have to reschedule your appointment.

<u>Workers' Compensation or Automobile Insurances</u> - You must provide us with a claim number, name of insurance adjuster, and complete billing address and phone number of your insurance carrier.

Again, we thank you and welcome you to our practice. If you have any questions please feel free to contact our office at (586) 563-3300.

| | Your appoi | ntment is | schedu | led for: | | |
|-------|------------|-----------|--------|----------|-------|--|
| DATE: | | | | | | |
| | | | | | - (1- | |
| | TIME: | | | | | |

Advanced Physical Medicine - Office Policies & Signature on File

Thank you for choosing Advanced Physical Medicine.
We are committed to providing you with quality and affordable health care.

- 1. Insurance. We participate in most insurance plans, including Medicare. If you are not insured by a plan we do business with, payment in full is expected at each visit. We strive to maintain current information in regard to financial cost to you (co-pays, deductibles, coinsurance, etc.). *Ultimately it is your responsibility to know your insurance benefits*. Please contact your insurance company with any questions you may have regarding your coverage.
- 2. Co-payments and deductibles. All co-payments and deductibles must be paid upon arrival. We reserve the right to reschedule appointments if payment is not made.
- **3. Non-covered services.** Please be aware that some of the services you receive may be not covered or not considered reasonable or necessary by Medicare or other insurers. You must pay for these services in full at the time of visit. We will make every effort to make you aware of your responsibility **before** services are performed.
- **4. Proof of insurance.** All patients must complete our patient information forms before seeing the doctor. We must obtain a copy of your driver's license and current insurance card. You must notify our office of any changes to your insurance.
- **5. Claims submission.** We will submit your claims and assist you in any way we reasonably can to help get your claims paid. Your insurance company may need you to supply certain information directly. It is your responsibility to comply with this request. Please be aware that the balance of your claim is your responsibility whether or not your insurance company pays your claim.
- **6. Non-payment.** Please be aware that if a balance remains unpaid, we may refer your account to a collection agency.
- 7. Returned checks. <u>There is a \$30 non-sufficient fund (NSF) fee on all returned checks</u>. This amount must be paid prior to scheduling your next appointment.
- **8. Cancellations and no show.** There is a \$25 fee for missed office visit appointments and \$50 for procedure & new patient appointments not cancelled 24 hours prior to your scheduled time (48 hrs for new patient appointments). These charges are your responsibility and billed directly to you and **MUST** be paid before your next appointment. Multiple no shows/late cancel may result in being removed from the schedule.
- **9. Forms.** There are fees for completion of *all* forms. Staff will make you aware of the fees at the time the request is made, as the fees do vary. Payment is collected prior to completion.
- **10. Referral.** Some HMO's require an "insurance referral". It is your responsibility to obtain this prior to the appointment or we will have to reschedule it. Please contact your primary care office for support in obtaining this referral.

Our office is committed to providing the best treatment to our patients. Our prices are representative of the usual and customary charges for our area. Should we have an change fees, you will be made aware.

All information that has been given thus far is accurate and true to the best of my knowledge. I understand that I am responsible for payment of services rendered, including reasonable attorney's fees and costs of collection in the event of default. I understand that Advanced Physical Medicine will bill my insurance company, but that I am ultimately responsible for any balance not covered by my insurance such as co-payments, deductibles, or uncovered services.

I request that payment of Medicare, Medigap, or other insurance carrier benefits be made on my behalf to Advanced Physical Medicine for services furnished to me.

BY SIGNING THIS FORM, I AGREE AND UNDERSTAND THE PAYMENT POLICY AND ABIDE BY ITS GUIDELINES.

| Signature Patient/Responsible Party | | Date |
|-------------------------------------|---|------|
| × × | Office Policies & SOF, Advanced Physical Medicine | 2021 |

NOTICE OF PRIVACY PRACTICES

This notice describes how medical/protected health information about you may be used and disclosed and how you can get access to this information.

Please review it carefully.

By law, we are required to provide you with our Notice of Privacy Practices (NPP). This notice describes how your medical information may be used and disclosed by us. It also tells you how you can obtain access to this information.

As a patient, you have the following rights:

- 1. The right to inspect and copy your information.
- 2. The right to request corrections to your information.
- 3. The right to request that your information be restricted.
- 4. The right to request confidential communications.
- 5. The right to a report of disclosures of your information
- 6. The right to a paper copy of this Notice.

We want to assure you that your medical/protected health information is secure with us. This Notice contains information about how we will ensure that your information remains private. This Notice is a summary only. A DETAILED NOTICE OF PRIVACY PRACTICES IS AVAILABLE UPON REQUEST. If you have any questions about this Notice, the name and phone number of our contact person is listed on this page.

| Effective Date of this Notice | April 2003 |
|-------------------------------|----------------|
| Contact Person | Maria |
| Contact Phone | (586) 563-3300 |

Acknowledgement of Notice of Privacy Practices I hereby acknowledge that I have received a copy of this practice's NOTICE OF PRIVACY PRACTICES. I understand that if I have questions or complaints regarding my privacy rights that I may contact the person listed above. I further understand that the practice will offer updates to this NOTICE OF PRIVACY PRACTICES should it be amended, modified, or changed in any way. Patient or Representative Name (Please Print) Patient or Representative Signature Date Patient refused to sign. Patient was unable to sign due to:

ADVANCED PHYSICAL MEDICINE

| Date: | |
|-------------------|--|
| The second second | |

PERSONAL MEDICAL HISTORY

Note: This is a confidential report of your medical history.

Information contained here will be released only if you have authorized us to do so.

| Last Name: | will be released only if you hav First Name: | | |
|---|---|--|--|
| Address: | | | |
| Email: | | | |
| Date of Birth:// Sex: Fema. | | | |
| Emergency Contact: | | | |
| Preferred Pharmacy: | | | |
| Injury Related to: □ Auto Accident □ Wor | | | |
| Insurance Name:ID# | | | |
| Employer: | | | |
| | | | |
| PCP: | | | |
| Previous Pain Management Doctor: | | | |
| Past Medical History: Check any conditions you have AIDS/HIV | essure erol ase type Stage Disorder If yes, please Type: Type: Type: Type: Type: Hospital: | or had surgery? list:If Joint surge bitalizations: Date: | ry specify Left or Right Year: Year: Year: Year: Reason: |
| □ Epilepsy □ Rheumatoid A □ Gout □ Schizophrenia □ Headaches/□Migraine □ Seizures □ Heart Disease □ Stroke when_□ □ Hepatitis / Type_□ □ Tuberculosis has it been treated? Y/N □ Vascular Disease □ Any other not listed: | arthritis | dications: Name/I | How much/How often? |
| Allergies: | | | |
| Are you allergic to: | | | |
| Medications: ☐ Yes list: | \(\sigma \) No | | |
| Food: □ Yes list: | No | | |
| Latex: □ Yes □ No | | | |

| Yes No | | sisters, Children, Aunts | Social History: Have you ever smoked? □ Never □ Former □ Some Days □ Everyday If yes, how many years have you smoked? |
|--|--|--------------------------|---|
| Yes No | ☐ Yes ☐ No Hypertension | | If former smoker, what year did you quit? |
| Yes No Mental Illness | | | |
| Yes No | | | |
| Yes No Cancer | | | |
| Type of Cancer: | | | • |
| Yes No Osteoarthritis Ulaknown Other Cother Cliving Deceased Doyou use any illicit drugs? Yes No If yes, what drugs: Doyou use Marijuana Pes No If yes, what drugs: Doyou use Marijuana Pes No Have a Medical Marijuana Card? Yes No Have a Medica | Type of Cancer:_ | | ☐ 2-4 times per month |
| Unknown | ☐ Yes ☐ No Rheumatoid Arthri | tis | ☐ 2-3 times per week |
| Unknown Other | | | ☐ More than 4 times per week |
| Father: Living Deceased Mother: Living Deceased Brother Living Deceased Do you use any illicit drugs? Yes No If yes, what drugs: Do you use Marijuana? Yes No No Sister: Living Deceased Do you use Marijuana? Yes No Have a Medical Marijuana Card? Yes No No Have a Medical Marijuana Card? Yes No Have a Medical Marijuana Card? Yes No No No No No No No N | Unknown | | How many drinks on normal occasion? |
| Mother: | Other | | |
| CONSTITUTIONAL NEUROLOGIC CARDIOVASCULAR _Weight Gain _Difficulty Swallowing _Dizziness _Loss of Appetite _Difficulty with Speech _Chest Pain (angina) _Fever _Loss of Balance _Irregular Heartbeat _Weakness _Headaches _Leg Edema _Weight Loss _Tingling _Shortness of Breath _Fatigue _Numbness _Orthopnea _Insomnia _Seizures _Cold extremities _Memory Loss _Memory Loss MUSKULOSKELETAL _Tremors ENDOCRINE _Leg Cramps _Vertigo _Fatigue _Joint Pain _Weakness in Arms _Excessive Sweating _Joint Swelling _Weakness in Legs _Excessive Thirst _Joint Stiffness _Loss of Smell _Excessive Urination _Muscle Cramps _Unexplained weight loss _Cold Intolerance _Heat Intolerance | Father: Living Deceased Mother: Living Deceased Brother Living Deceased Sister: Living Deceased Children: Living Deceased Paternal Grandfather: Living Paternal Grandmother: Living Maternal Grandmother: Living Maternal Grandmother: Living Maternal Grandmother: Living How many siblings do you have? How many children do you have? | g | If yes, what drugs: Do you use Marijuana? □ Yes □ No Have a Medical Marijuana Card? □ Yes □ No Work Status □ Employed □ Part Time □ Full Time Employer: occupation? Working with restrictions □ Yes □ No □ Retired □ Not currently employed □ Disabled year Due to what condition |
| Weight Gain | CONCENTRATIONAL | NEUDOL OCIC | GA PRIONA GOVE A P |
| Loss of Appetite Difficulty with Speech Chest Pain (angina) Fever Loss of Balance Irregular Heartbeat Weakness Headaches Leg Edema Weight Loss Tingling Shortness of Breath Fatigue Numbness Orthopnea Insomnia Seizures Cold extremities Memory Loss MUSKULOSKELETAL Tremors ENDOCRINE Leg Cramps Vertigo Fatigue Joint Pain Weakness in Arms Excessive Sweating Joint Swelling Weakness in Legs Excessive Thirst Joint Stiffness Loss of Smell Excessive Urination Muscle Cramps — Unexplained weight loss — Cold Intolerance — Heat Intolerance | | | |
| Fever | | | <u> </u> |
| WeaknessHeadachesLeg EdemaWeight LossTinglingShortness of BreathFatigueNumbnessOrthopneaInsomniaSeizuresCold extremitiesMemory LossKender FatigueLeg CrampsVertigoFatigueJoint PainWeakness in ArmsExcessive SweatingJoint SwellingWeakness in LegsExcessive ThirstJoint StiffnessLoss of SmellExcessive UrinationMuscle CrampsUnexplained weight lossCold IntoleranceHeat Intolerance | | | |
| | | | 0 |
| Fatigue | | | |
| | | | |
| MUSKULOSKELETALTremorsENDOCRINELeg CrampsVertigoFatigueJoint PainWeakness in ArmsExcessive SweatingJoint SwellingWeakness in LegsExcessive ThirstJoint StiffnessLoss of SmellExcessive UrinationMuscle CrampsUnexplained weight lossCold IntoleranceCold IntoleranceHeat Intolerance | | | |
| Leg CrampsVertigoFatigueJoint PainWeakness in ArmsExcessive SweatingJoint SwellingWeakness in LegsExcessive ThirstJoint StiffnessLoss of SmellExcessive UrinationMuscle CrampsUnexplained weight lossCold IntoleranceHeat Intolerance | ž. | Memory Loss | |
| Joint Pain | | | |
| Joint SwellingWeakness in LegsExcessive Thirst | • | | |
| Joint Stiffness | | | |
| Muscle CrampsUnexplained weight lossCold IntoleranceHeat Intolerance | | | |
| Cold IntoleranceHeat Intolerance | | Loss of Smell | |
| Heat Intolerance | Muscle Cramps | | |
| | , | | |
| | Name: | | neat intolerance |

| Review of Symptoms : Please chyear. | neck the appropriate boxes indicating | g the symptoms you have had within the last |
|---|---|--|
| GASTROINTESTINAL | HEMT/LYMP | RESPIRATORY |
| Vomiting | Bruises Easily | Shortness of breath |
| Difficulty Swallowing | Bleeds Easily | Difficulty Breathing |
| Abdominal Pain | Varicose Veins | Excessive sputum |
| Diarrhea | Enlarged Lymph Nodes | Wheezing |
| Constipation | Ringing in Ears | Cough |
| Change in Bowel Habits | Ear Pain | Coughing up Blood |
| Blood in Stool | | |
| Nausea | | |
| Heartburn | PSYCHIATRIC * | |
| | Depression Anxiety | |
| ENT | High Stress Level | |
| Cold | Sleep Disturbances | |
| Cough | Suicidal Ideation | |
| Hearing Loss | Eating Disorder | |
| Sore Throat | Psychiatric Hospitalizations | |
| Ringing in Ears | , | |
| Ear Pain | | |
| 1 | | |
| consent if a doctor, health open wound exposure to a second of the second open wound exposure to a second open wound exposure | or care professional, or employee sust my blood or other bodily fluids. formation is correct and true to the b or any members of the staff respons of this form | ible for any errors or omissions that I may eregarding appointments, test results, |
| ☐ Yes, please leave voice If you are not available – who i ☐ SELF ONLY ☐ You may sp | alled may we leave a message at the message No, do not leave a volume with at the meak to the following people Treatment Test Results All o | number you provided? |
| Patient Printed Name & Signature | e | Date |

| Name: | | | | Data | |
|--------|--|--|--|-------|--|
| Name: | | | | Date: | |
| ranne. | | | | Dutc. | |
| | | | | | |

To successfully manage your pain, it is important to focus on your ability to function, not just your level of pain. This checklist can help you see where you are having difficulties with everyday activities. Check the appropriate activity with level of difficulty due to pain. If Activity doesn't apply mark N/A.

| ACTIVITY | UNABLE | DIFFICULT | EXTRA EFFORT | SOME EFFORT | EASY TO DO |
|-------------------------------|--------|-----------|--------------|---------------------------------------|---|
| Sitting for more than 1 hour | | | | | |
| Driving | | | | | |
| Lifting more than 5 pounds | | | | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 | |
| Working at Computer | | 4 | | | |
| Walking | *** | | | | NO 10 10 10 10 10 10 10 10 10 10 10 10 10 |
| Light Yard/House Work | 3 *** | | | | |
| Cooking | | | | | |
| Personal Hygiene | | | | | |
| Visiting w/ Family or Friends | | | | | |
| Shopping | | | | | |
| Attending Social Functions | | | | | |
| Child Care | | | | | |
| Sleep | | | | | |
| Job Responsibilities | | | | | |
| Sexual Intimacy | | | | | |

<u>Instructions</u>: Mark these drawings according to where you hurt (if right side of your neck hurts, mark the drawing on the right side of the neck, etc.). Please indicate which sensations you feel by referring to the key below

KEY

///// Stabbing

XXXX Burning

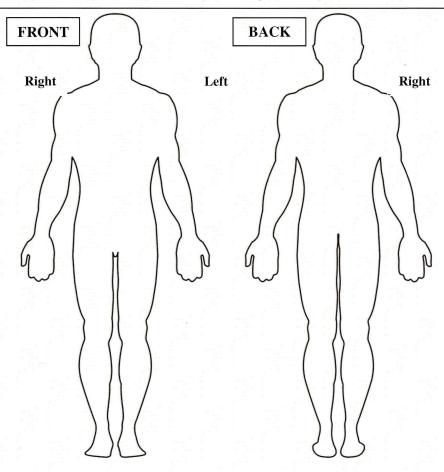
OOOO Pins & Needles

---- Numbness

++++ Aching

PAIN LEVEL

- O No pain
- **1** Mild pain; you are aware of it but it does not bother you
- **2** Moderate pain that you can tolerate without medication
- **3** Moderate pain that requires medication to tolerate
- **4 -5** More severe pain; you feel antisocial
- **6** Severe pain
- **7-9** Intensely severe pain
- **10** Most severe; require ER or may contemplate suicide



Circle your current pain level 0 1 2

| D - 1 ' - 1 B1 | | | | | | D-4- | |
|----------------|------|------|-------------|--|--|-------|------|
| Patient Nan | ne. | | | | | Date: | |
| i aticit ivaii | IIC. | | 4 4 4 4 | | | Dutc. | |
| | | | | | | | |

Community Resource Screening (circle all that apply)

To better meet your needs, we are asking a series of questions to help connect you with resources in the community if you need help. Answering this questionnaire is voluntary. Please turn in to a staff member after completed. Thank you.

| Domain | Question | Respo | nse |
|-------------------------------|--|-------|-----|
| Access | In the last 12 months, was there a time when you needed to see a doctor but could not because of cost? | Yes | No |
| Medications | In the last 12 months, did you skip medications to save money? | Yes | No |
| Transportation | In the last 6 months, have you ever had to go without health care because you didn't have a way to get there? | Yes | No |
| Personal Care | Do you need assistance with your personal care needs like bathing, making meals, housekeeping, setting up your medications? | Yes | No |
| Caregiver | Are you a caregiver to a loved one who needs help with personal care? | Yes | No |
| Housing | Do you need assistance to be able to stay in your current housing? Or do you need help to find a place to live that is safe and more stable than where you live now? | Yes | No |
| Utility | In the past 12 months has the electric, gas, oil, or water company threatened to shut off services in your home? | Yes | No |
| Food | In the last 12 months did you ever eat less than you felt you should because there wasn't enough money for food? | Yes | No |
| Clothing & Household Needs | Do you have the household supplies you need? Things like clothes, shoes, blankets, mattresses, diapers, toothpaste, and shampoo? | Yes | No |
| Child Care | Do problems getting child care make it difficult for you to work or study? | Yes | No |
| Intimate Partner | Are you afraid you might be hurt in your apartment building or house? | Yes | No |
| Violence | Would you like to receive assistance with any of these needs? | Yes | No |
| | Are any of your needs urgent? | Yes | No |

Opioid Risk Tool

This tool should be administered to patients upon an initial visit prior to beginning opioid therapy for pain management. A score of 3 or lower indicates low risk for future opioid abuse, a score of 4 to 7 indicates moderate risk for opioid abuse, and a score of 8 or higher indicates a high risk for opioid abuse.

| Mark each box that applies | Female | Male | | |
|---------------------------------------|--------|------|--|--|
| Family history of substance abuse | | | | |
| Alcohol | 1 | 3 | | |
| Illegal drugs | 2 | 3 | | |
| Rx drugs | 4 | 4 | | |
| Personal history of substance abuse | | | | |
| Alcohol | 3 | 3 | | |
| Illegal drugs | 4 | 4 | | |
| Rx drugs | 5 | 5 | | |
| Age between 16—45 years | 1 | 1 | | |
| History of preadolescent sexual abuse | 3 | 0 | | |
| Psychological disease | | | | |
| ADD, OCD, bipolar, schizophrenia | 2 | 2 | | |
| Depression | 1 | 1 | | |
| Scoring totals | | | | |

| Nama: | | | | |
|-------|--|--|--|--|
| Name: | | | | |
| | | | | |

Questionnaire developed by Lynn R. Webster, MD to asses risk of opioid addiction.

Webster LR, Webster R. Predicting aberrant behaviors in Opioid-treated patients: preliminary validation of the Opioid risk too. Pain Med. 2005; 6 (6): 432